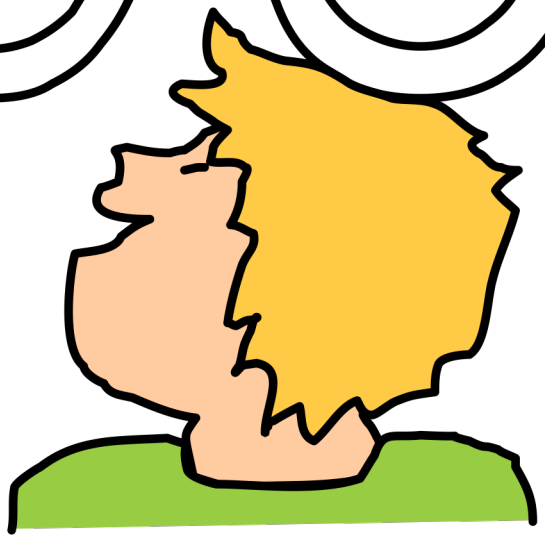seur